

Kate Maiden

BA, BSc (Hons) Ost.Med, Dip Sports Injuries and Massage

Kate graduated from the British School of Osteopathy London in 2008 and has since worked within busy central London practices.

Kate has an integrated approach to osteopathy and uses many techniques including structural, cranial, visceral and harmonics. She is experienced in working with pre and post natal mothers and has had post graduate training in the treatment of babies, with a particular interest in children with special needs.